

January Blackwater Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/3 <i>Banana Bread</i> Hot Dog/Fries Veggie/Fruit/Milk	1/4 <i>Yogurt & Granola</i> Chef's Choice	1/5 <i>Bagel & Cream Cheese</i> Cheeseburger/Fries Bbeans/Fruit/Milk	1/6 <i>Muffin & String Cheese</i> Spaghetti/Bread Veggie/Fruit/Milk	1/7 <i>Cereal</i> Pizza Carrots/Fruit/Milk
1/10 <i>Banana Bread</i> Orange Chicken/Rice Veggie/Fruit/Milk	1/11 <i>Yogurt & Granola</i> Taco/Beans Lett-Cheese/Fruit/Milk	1/12 <i>Bagel & Cream Cheese</i> Hot Dog/Fries Bbeans/Fruit/Milk	1/13 <i>Muffin & String Cheese</i> Chicken Parmesan Veggie/Fruit/Milk	1/14 <i>Cereal</i> Pizza Carrots/Fruit/Milk
1/17 <i>No School</i>	1/18 <i>Yogurt & Granola</i> Tamal/Beans Lett-Cheese/Fruit/Milk	1/19 <i>Bagel & Cream Cheese</i> Cheeseburger/Fries Bbeans/Fruit/Milk	1/20 <i>Muffin & String Cheese</i> MB Sub/Chips Veggie/Fruit/Milk	1/21 <i>Cereal</i> Pizza Carrots/Fruit/Milk
1/24 <i>Banana Bread</i> Chicken Sandwich Veggie/Fruit/Milk	1/25 <i>Yogurt & Granola</i> Taco/Beans Lett-Cheese/Fruit/Milk	1/26 <i>Bagel & Cream Cheese</i> Corn Dogs/Fries Bbeans/Fruit/Milk	1/27 <i>Muffin & String Cheese</i> Mac & Beef Veggie/Fruit/Milk	1/28 <i>Cereal</i> Pizza Carrots/Fruit/Milk
1/31 <i>Banana Bread</i> Chicken Nuggets/Fries Veggie/Fruit/Milk				



Fat Free and 1% Milk are always available for Breakfast and Lunch.

For breakfast a fresh fruit and fruit juice will be made available.

Menu subject to change depending on availability.

This institution is an equal opportunity provider.

Breakfast and lunch are FREE for all STUDENTS.